

CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
KIDS + ADULTS* JIU-JITSU	KIDS + ADULTS* JIU-JITSU	KIDS + ADULTS* JIU-JITSU	KIDS + ADULTS* JIU-JITSU
6:30pm to 8:30pm	6:30pm to 8:30pm	6:30pm to 8:30pm	6:30pm to 8:30pm

*KIDS MUST BE AGES 10-17

THE GRIZZLEY WAY